

# Local & Co.

ESPRESSO BAR

## DRINKS MENU

### COFFEE

We proudly use **SOCIAL ESPRESSO COFFEE**, a small local boutique coffee roaster. The blend has notes of sweet milk chocolate with depth of hazelnut and dates

espresso | piccolo | short macchiato 3.8  
cappuccino | flat white | latte | long black 4  
turmeric latte 6 | hot chocolate 5 | mocha 5  
mug + 1 | syrup + 50c  
almond milk + 70c | zymils lactose free milk + 70c | soy + 50c | coconut milk + 50c

### LOOSE LEAF TEAS 4.5

english breakfast | peppermint | earl grey | lemongrass & ginger | chamomile | green tea honey  
drew | green malabar chai

### TEA LATTE

chai latte 4 | dirty chai latte 5 | matcha latte 6

### COLD PRESSED JUICES 9

**Handcrafted from 100% raw, local and organic produce by THE CLEANSE KITCHEN**

Cold pressed juice is made with hydraulic press that uses thousands of pounds of pressure to extract the maximum amount of liquid from fresh fruits and vegetables. No additional heat or oxygen is used in the process, meaning that no nutrients are lost in the heat of traditional pasteurization.

**daily green (cardio health & free-radical fighter)** apple, kale, parsley, lemon and ginger

**beet chia (heart happiness & anti-sadness)** apple, beetroot, lemon, ginger, mint and chia seeds

**sunrise (joint health & immune system booster)** orange, pineapple, grapefruit, ginger and turmeric

### FRESH JUICES 8

**booster** - carrot, celery, apple, beetroot, ginger

**the local** - pineapple, apple, watermelon, strawberry

### SMOOTHIES 9 ( Boosters – whey protein or chia seeds +2 )

**berry delicious** - mixed berries, strawberry, banana, yoghurt and skin milk

**bananarama** - banana, ice cream and honey

**mango madness** - mango, ice cream and honey

### DRINKS

**milkshakes 6** chocolate | vanilla | banana | caramel | lime | strawberry

**iced drinks 6.5** iced coffee | iced latte | iced mocha | iced matcha | iced chocolate

**ice teas 5** peach | lemon

**soft drinks 3.5** coke | coke zero | lemonade | fanta | ginger beer

**purezza premium water 4.5** premium sparkling or premium still (750ml bottles)

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E S P R E S S O B A R

## BEER & WINE MENU

### BEER

**big head 9.5** | no carb lager (Burleigh Heads)

**fat yak 10.5** | american pale ale (Matilda Bay)

**corona 8.5** | pale lager (Mexico)

**peroni 9** | lager (Italy)

**james boag's 7** | premium light lager (Tasmania)

### WINE LIST

#### CHAMPAGNE & SPARKLING

			<b>Bottle</b>	<b>Glass (120ml)</b>
NV	Moët & Chandon Brut Impérial Champagne	FRANCE	105	
NV	Veuve Clicquot Brut, Pinot Noir/Pinot Meunier/Chardonnay, Reims	FRANCE	120	
NV	Cornaro Prosecco, Asolo Hills 	ITALY	39	9

#### WHITE WINE

			<b>Bottle</b>	<b>Glass (150ml)</b>
2014	The Throne, Sauvignon Blanc, Marlborough 	NZ	41	10
2014	Canal Grando, Pinot Grigio, Venice	ITALY	34	
2013	Ingram Road, Chardonnay, Yarra Valley	VIC	48	

#### ROSÈ

			<b>Bottle</b>	<b>Glass (150ml)</b>
2015	83 Rose, Cotes de Provence	FRANCE	54	12

#### RED WINE

			<b>Bottle</b>	<b>Glass (150ml)</b>
2015	Helen's Hill, Pinot Noir, Yarra Valley	VIC	55	
2014	Chalk Hill Luna, Cabernet Sauvignon, McLaren Vale 	SA	32	9
2014	Sidewood, Shiraz, Adelaide Hills	SA	48	

(All vintages subject to change and availability  Denote Organic or Biodynamic)